6th Annual
Hot Topics in Pediatrics Conference

PRESENTED BY
the Department of Pediatrics

Thursday, March 30, 2017
8:00 am – 4:15 pm

Westchester Marriott Hotel
670 White Plains Road
Tarrytown, New York 10591

PROVIDED BY
Albert Einstein College of Medicine and Montefiore
Statement of Need

This program is designed to educate practicing pediatricians and allied pediatric healthcare providers on current issues and controversies in pediatric subspecialties. Using their knowledge of recent medical literature to identify current topics of interest, course directors determined the subject matter to be presented. General pediatricians must have a broad knowledge base in order to manage the varied symptoms presented by their patients. Given this, we have created a curriculum that addresses a multitude of diseases that the general pediatrician must have the ability to manage. Pediatricians are typically the first professionals to discuss abnormal newborn screen results with parents. Thus, they need to be able to explain the condition, as well as direct the next steps in the evaluation after a positive screen. Patients and families also often first approach the general pediatrician with concerns regarding gender identity disorders. To thoughtfully care for these vulnerable adolescents, the general pediatrician must be versed in the most recent guidelines for transgender care. Quality improvement is a required activity for pediatricians to maintain their board certification; integration of quality improvement projects into the primary care office will be addressed at this visit. Additionally, several issues and updates have been selected based upon suggestions from the previous year, including a workshop on treatment of asthma and a discussion focused on diagnosis and management of common sports related injuries.

Activity Goals

The 2017 program focuses on current issues in pediatric subspecialties and related surgery. Each presentation is designed to update practicing pediatricians and allied pediatric healthcare providers on important and challenging areas of these complex and ever-changing fields. Following the symposium, participants should be able to monitor developmental concerns in children after Zika and lead exposure. There will also be an evidence-based discussion of the use of therapies to treat common and rarer (but still encountered) disorders in pediatrics, including acute dermatology conditions, Kawasaki disease, asthma and sports injuries. There will be ample opportunity for interaction and discussion between participants and faculty during the formal sessions, as well as during the intermissions.

Learning Objectives

After attending this activity, participants will be able to:

- Identify short and long term outcomes associated with prenatal Zika infection.
- Choose appropriate clinical testing to differentiate among pediatric cutaneous disorders.
- Identify the new conditions added to New York State screening and explain the next steps in evaluation and management for positive screen results.
- Define the principles of medical and psychosocial management of transgender youth, including social transitioning, puberty blockade and transitional hormones.
- Recognize clinical manifestations of Kawasaki Disease and select appropriate treatment.
- Recognize factors that can cause fluctuations in both long- and short-term asthma control and identify available tools to assess asthma control and prescribe appropriate treatment.
- Identify those at high risk for lead poisoning and describe appropriate management for those with positive screens.
- Diagnose common injuries of the upper and lower extremities and accurately identify management and treatment of these injuries.
General Information (continued)

Intended Audience
Practicing pediatricians, pediatric nurses, nurse practitioners, physician assistants, family medicine, medical students and pediatric residents.

Accreditation Statement
Albert Einstein College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation
Albert Einstein College of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Special Needs
Albert Einstein College of Medicine and Montefiore fully comply with the legal requirements of the Americans with Disabilities Act. If any participant is in need of special accommodations, please submit a written request at least two weeks prior to the activity to the Center for Continuing Medical Education, 3301 Bainbridge Avenue, Bronx, New York 10467 or send an email to npiacent@montefiore.org.

Conflict of Interest Statement
The “Conflict of Interest Disclosure Policy” of Albert Einstein College of Medicine requires that faculty participating in any CME activity disclose to the audience any relationship(s) with commercial interest; pharmaceutical or equipment company*. Any presenter whose disclosed relationships prove to create a conflict of interest, with regard to their contribution to the activity, will not be permitted to present. Albert Einstein College of Medicine also requires that faculty participating in any CME activity disclose to the audience when discussing any unlabeled or investigational use of any commercial product or device, not yet approved in the United States.

The staff of CCME of Albert Einstein College of Medicine has no conflicts of interest with commercial interests related directly or indirectly to this educational activity.

*The ACCME defines a Commercial Interest as an entity producing, marketing, re-selling or distributing health care goods or services consumed by or used on patients. The ACCME does not consider providers of clinical service directly to patients to be commercial interest.

For Additional Information, Contact:
Center for Continuing Medical Education
Call us at 718-920-6674 or email us at npiacent@montefiore.org.
Course Directors

Rubina A. Heptulla, MD  
Professor, Pediatrics & Medicine  
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Chief, Division of Pediatric Endocrinology & Diabetes  
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Bronx, New York

Molly O. Regelmann, MD  
Assistant Professor, Pediatrics  
Albert Einstein College of Medicine  
Attending Physician, Pediatric Endocrinology & Diabetes  
Children’s Hospital at Montefiore  
Bronx, NY

Faculty

Judy L. Aschner, MD  
Professor, Pediatrics (Neonatology)  
Professor, Obstetrics & Gynecology and Women’s Health  
Michael I. Cohen, MD University Chair, Department of Pediatrics  
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Nadine F. Choueiter, MD  
Assistant Professor, Pediatrics (Cardiology)  
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Director of Pediatric Cardiac Non Invasive Imaging  
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Bronx, NY

Nancy A. Dodson, MD  
Assistant Professor, Pediatrics (Adolescent Medicine)  
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Children’s Hospital at Montefiore  
Bronx, NY

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Professor and Vice Chair, Obstetrics & Gynecology and Women’s Health  
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Montefiore Medical Center  
Bronx, NY

Eric D. Fornari, MD  
Assistant Professor, Pediatrics Orthopedic Surgery and Sports Medicine  
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Bronx, NY

Diana H. Lee, MD, PhD  
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Bronx, NY

Morri Markowitz, MD  
Professor of Pediatrics  
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Director, Lead Poisoning Prevention and Treatment Program  
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Bronx, NY

Deepa Rastogi, MBBS, MS  
Associate Professor, Pediatrics (Respiratory & Sleep Medicine)  
Albert Einstein College of Medicine  
Director, Pediatric Asthma Center  
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Bronx, NY

Marina Reznik, MD, MS  
Associate Professor of Pediatrics  
Albert Einstein College of Medicine  
Attending Pediatrician  
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Bronx, NY

Melissa P. Wasserstein, MD  
Associate Professor, Pediatrics and Genetics  
Albert Einstein College of Medicine  
Chief, Division of Pediatric Genetic Medicine  
Children’s Hospital at Montefiore  
Bronx, NY
# Conference Schedule

## Lectures

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<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>8:00 – 8:25 AM</td>
<td>Continental Breakfast and Registration</td>
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<tr>
<td>8:25 – 8:30</td>
<td>Welcoming Remarks</td>
<td>Judy L. Aschner, MD, Rubina A. Heptulla, MD</td>
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<tr>
<td>8:30 – 9:05</td>
<td>Lead Poisoning</td>
<td>Morri Markowitz, MD</td>
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<tr>
<td>9:05 – 9:35</td>
<td>Acute Infections in Pediatric Dermatology</td>
<td>Diana H. Lee, MD, PhD</td>
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<td>9:35 – 10:05</td>
<td>Update on the Management of Kawasaki Disease</td>
<td>Nadine F. Choueiter, MD</td>
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<td>10:05 – 10:30</td>
<td>Panel Session</td>
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## Workshops

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<tr>
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<td>“Now I See That He Was Always A Boy”: The Medical Management of Transgender Adolescents</td>
<td>Nancy A. Dodson, MD</td>
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<td>Update to New York State Newborn Screening Program</td>
<td>Melissa P. Wasserstein, MD and Molly O. Regelmann, MD</td>
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<td>Nuts and Bolts of Asthma Management</td>
<td>Deepa Rastogi, MBBS and Marina Reznik, MD</td>
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<td>12:00 – 1:00</td>
<td>Luncheon — Meet the Experts</td>
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<td>Update on Prenatal Zika Virus Infection</td>
<td>Siobhan M. Dolan, MD, MPH</td>
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<tr>
<td>1:45 – 2:30</td>
<td>The Pediatric Athlete in 2017: Current Concepts in Pediatric and Adolescent Sports Medicine</td>
<td>Eric D. Fornari, MD</td>
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<tr>
<td>2:30 – 2:50</td>
<td>Panel Session</td>
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<tr>
<td>2:50 – 3:00</td>
<td>Refreshment Break</td>
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<td>Closing Remarks</td>
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Registration Form

Name____________________________________________________________________

First                            M.I.                            Last                                              Degree

Mailing Address_____________________________________________________________

City____________________________________State____________________Zip________

Daytime Telephone___________________________________________________________

E-mail____________________________________________________________________

Special Dietary Needs:  ☐ Kosher  ☐ Vegetarian  ☐ Gluten-Free

REGISTRATION FEES:

Practicing Pediatricians  ☐ $205.00
Nurse and Nurse Practitioner  ☐ $130.00
Resident, Fellows and Medical Student  ☐ Complimentary
(Einstein/Montefiore)

FIVE EASY WAYS TO REGISTER

Online  www.eeds.com/live715942
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Fax  718-798-2336 completed registration form
Email  npiacent@montefiore.org
Mail  Completed registration form with your payment to:
     Center for Continuing Medical Education
     3301 Bainbridge Avenue, Bronx, New York 10467

I am a:
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☐ Subspecialist _____________________________________________________________
☐ Medical Student @ _________________________________________________________Medical School

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☐ Check payable to Montefiore Medical Center
☐ Visa  ☐ MasterCard  ☐ American Express

Card #__________________________________________________Exp. Date__________

Signature _________________________________________________________________

Name of Card Holder (exactly as shown on card) _____________________________________

CANCELLATION POLICY

Request for refunds MUST be received in writing by March 24, 2017 and will be subject to an
administration fee of $25.00. NO REFUNDS WILL BE PROCESSED AFTER THIS DATE.
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Register Online www.eeds.com/live715942